



Woodleigh News

Woodleigh Christian Care Home, Norfolk Drive, Mansfield NG19 7AG
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INVESTOR IN PEOPLE



3 CSCI - Stars
Excellent Top Rated Home
2009 and 2010



Nottinghamshire
Social Services

**Quality
Band 5**

Top Rating 2009 2010



Winner – Personal Excellence
Runner up – Best Development
of Talent 2010



Finalist 2009, 2010 and 2011

Food Glorious Food

This year's National Association of Providers of Activities for the elderly (NAPA) challenge theme was "Food glorious food". All of our staff and residents got their heads together and planned a wide selection of activities which were to take part throughout the month of June we had individual activities as well as small and large group ones.

We all thoroughly enjoyed taking part! We had baking, making pizzas, going out for meals at the pub, picnics at the park, growing our own vegetables, chocolate fountains, making candy floss, baking fresh bread, bible studies based on the bread of life and much, much more.

We sent off our entry and waited with baited breath..... Then we got the phone call to say we had been selected as a finalist and were invited to the awards ceremony. The judge was the celebrity chef Prue Leith

See the inside page 5 to find out how the team did.

John and Gail and Sam

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Our aim is to be Mansfield's best and most homely care home for the over 50's.



Recent News

We welcome the following new care staff:
 Carers: Lauren Clifton, Toni Ward, Lucy Mitchinson, Mark Ball and John Starbrook.
 Domestic: Johnson Aluko

Staff in new roles are Dawn McEvoy who has added Chaplain to her administrative and pastoral care roles. Kirsty May has added Care Administrator to her role as Ambitions and Activities Coordinator and Donna Butcher has added Housekeeper.

Results from the resident, relative and professional user surveys 2011 can be found in the foyer.

Due to changes at our regulator there will be a minor change to our registration. There will be no changes to the home, its ownership or anything else. As registered providers we will change our name to "Woodleigh Christian Care Home Ltd" around the end of the year.



Holiday 2011

This year we have enjoyed not one but TWO holidays with our residents, in May we took Elizabeth, Florence, Barry and Ron to Butlins we thoroughly enjoyed shopping, sightseeing, nightlife and going to the pub.

Following on from this at the residents consultation meeting shortly after we were asked to consider providing another holiday this year, not ones to turn away from a challenge we looked into it and managed to plan and deliver another holiday in September for Kath, Rose and Colleen.

We enjoyed shopping in both Ingoldmells and Skegness buying trinkets and a few treats for ourselves and loved ones. We took a picnic on our travels to Ingoldmells and enjoyed eating this on the sea front. In Skegness we enjoyed reminiscing around the town... took a walk down memory lane visiting "chip pan alley". We visited the Seal sanctuary and learnt lots of new information about the seals native to England and Penguins that are homed at the Sanctuary. Residents were involved in the planning of the day, what we were to have to eat... this led us to having lunch at McDonalds!!

To round off the week we all enjoyed a show in the centre stage at Butlins and enjoyed a glass or two of shandy. For picture please see the centre pages.

Bike Scheme - Going Green

Staff at Woodleigh are doing their little bit to help save the planet - one journey at a time. Through a special government "green" scheme Ian, Paul, Craig and Matt have bought push-bikes to come to work on so saving petrol and helping to make themselves fitter. Well done.

We know lots of people hold Woodleigh up to God in their prayers.
 Thank you and thank you to God - he listens and it works!!

Soul Midwives ...another first!

Sam and Paul are currently learning Soul Midwifery: a gentle, non-medical ways of caring for people at the very end of their lives.

The basic concept is that (like being born) people die in stages, a natural process which is common to everyone, and unless death comes very suddenly, there are very specific, hands on, very caring ways of working with people through each of these stages, that provide comfort and a sense of wellbeing,

Some of the techniques Soul Midwives use include; massage, sound and music therapy, visualisations and meditations, breathing techniques, essential oils, and helping people overcome negative emotions and memories.

The system draws on many generations of experience and traditions from around the world to support people. It gives us another range of therapeutic, caring strategies, which we can draw on to support people more fully.

Part of a growing movement nationally, discussed on Woman's Hour on Radio 4, it has been practiced and developed over the last 12 years in the UK - mostly as private practice, and some hospice staff are now using it; however - we are the first care home in the country to practice soul midwifery.

One of the most exciting aspects of this work is that we are able to offer helpful, comforting, and supportive care even to people who can no longer communicate with us in words, and people of any faith.

It will be available to anyone who wants it. Please come and speak to Sam or Paul to find out more, or to ask any questions.

Three Stars - Top award



For the third year running the Care Quality Commission (CQC) awarded us their highest quality award, 3 stars - Excellent - in their inspection in April 2010, the last year they awarded the star rating. We are one of only 9 nursing homes in Nottinghamshire to receive this accolade.

More details can be found on their web site. www.cqc.org.uk or on ours www.woodleighcare.co.uk



Church Services are held every Tuesday in the Chapel and Communion is on the first Thursday of the month. Everyone is invited.



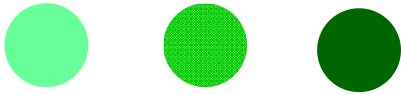
Leah helping at the Strawberry fayre

New Chaplain ●●●

"It is with great excitement that I take on the additional, yet really important, role within Woodleigh of Chaplain. Having spent nearly 8 years in full time ministry in the 1990's it is SO good to be able to get back into the ministry of getting alongside people as their spiritual support. My role within the home is not just for the residents but also for their families and for our excellent staff team too.

If, at any time, you need any prayerful support, a listening ear, a shoulder to cry on or someone to share some good news with, please, come and find me. I look forward to getting to know those of you who are new to Woodleigh in the last few weeks and pray that God will richly bless your time here at Woodleigh, whether as a resident, family member, visitor or member of staff."

God Bless You Dawn McEvoy
CHAPLAIN (Admin and Pastoral Care)



Friends of Woodleigh

Objective: The continued relief, comfort & wellbeing of the residents of Woodleigh Christian Care Home.

The Friends are a registered charity. Donations given by Gift Aid allow the charity to claim tax back from the government. Please ask for a form.



Red Nose Day
Thank you for raising £50 !



We are on the web at
www.woodleighcare.co.uk
email:
care@woodleighcare.co.uk

Residents can receive emails
at friends@woodleighcare.co.uk



Care provision at Woodleigh - over 50?

Woodleigh can now not only offer short and long term nursing and residential care but also day care, palliative care and more specialised nursing care for anyone over the age of 50. Trial stays and visits are available and encouraged.

Sam will visit any prospective resident to assess their needs. We also recommend that anyone considering entering a care home visit unannounced - always the best way to see the home. However if you are coming from a distance and want to talk to the manager we recommend ringing before hand.

DATES FOR YOUR DIARY

Relatives and friends are particularly welcome at all these events and at any other time.

Friday 4th November Pie & Pea Supper at 6pm followed by firework display – **Friends committee meeting 7.00pm**

Saturday 19th November Christmas Fayre 2pm

Saturday 10th December Family Tea at 4pm

Saturday 24th December Carols around the Christmas Tree at 3pm

Saturday 24th March 11.00- Spring Coffee morning

Followed by Friends Committee Meeting midday

Sunday 18rd March Mothers Day service at 4pm followed by family buffet tea at 5pm

Sunday 8^h April Easter Service with Dawn McEvoy at 11am

May 2012 – Residents holiday to Skegness TBC

Sunday 17th June Fathers Day Service at 4pm followed by family buffet at 5pm

Saturday 30th June Strawberry Fayre 2pm

Sunday 23th September Harvest Service with Dawn McEvoy at 3pm followed by buffet

Other regular events

Weekly- Days out & bus trips – relatives welcome
Local area tea parties (2nd Thursday in the month except Dec)
Special Christmas shopping trips (very popular)
Local school events (from drama to craft)
Professional entertainer performances
Visits by a qualified manicurist

Additional events are regularly advertised in the foyer.

If you would like to be added to our regular mailing list please contact Dawn at Woodleigh.

Ambitions and Activities



ACTIVITY REPORT

As well as all the food themed activities throughout June we have also managed to enjoy several trips out over the last few months. With residents choosing to stay more local we have enjoyed days out at Newstead Abbey, White post farm, Thoresby Hall, Rufford Park and Clumber Park. We've also enjoyed supporting our local community by shopping in Mansfield and Sutton, buying fresh fruit and veg from the market. On 24th June we hired a coach and took eleven residents to Skegness for the day everyone enjoying sightseeing, shopping, fish and chip dinner and an ice cream by the sea. On 17th August we packed up two minibuses and we enjoyed an afternoon cruising the River Trent with St John's ambulances adapted boat. After a picnic prepared by our kitchen staff we took in the sights, spotting the different wildlife in area and reminiscing of businesses and memories of the area.

Strawberry Fayre

This year we raised £750, which is fantastic as we didn't have as many people visit as usual due to the adverse weather. Thank you to all our volunteers on the day and for the donations we received. Donations may be gift aided.

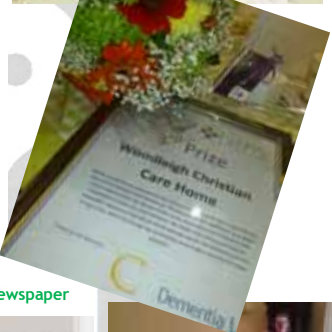


NAPA AWARD - LONDON

NAPA London Award

Continued from front page... Following the phone call from NAPA we asked Frances and Stuart if they would like to join staff in attending the 1950's tea party theme gala event in London. Kirsty-May, Sarah and Carron all got dressed up in 1950's style clothing and off we went.

The event was held at Hamilton House near Kings Cross train station. We thoroughly enjoyed the 1950's theme; there was music, a tea party with finger food and real bone china cups, saucers and plates. We enjoyed watching the Jive dancing and then we all took part in dance lessons so we could dance along too. We received our prize from celebrity chef Prue Leith CBE, we gained third place, such a fantastic success considering we were competing against over 160 other entries and over 10,000 homes nationally! We have won a selection of prizes including a donation to Friends of Woodleigh for £250, a juicer for making fresh juices, a signed copy of Prue Leith's Food Bible and several other items.



Harvest festival - led by Dawn McEvoy
Thank you to all local churches and schools that come to entertain us.



FRIENDS of WOODLEIGH

Our "Friends" are an essential part of the life at Woodleigh. They provide motivation, ideas, practical support and finance to make many of the things you see here happen. Including this year our first holiday. Last year Friends raised over £5800. Donations are always welcome and if you can Gift Aid the treasurer can claim the tax back!

Article from Mansfield's Chad Newspaper



Spring chicks thrill elderly

Residents 'brought out of themselves' by the new arrival



September Residents Holiday to Skegness